

Supervision and support sessions for human service professionals on social and emotional wellbeing

19 and 20 November 2015

Training Room, Alola Foundation, Rua Bispo de Medeiros, Mascarenhas, **Dili**

Experienced Australian clinical psychologists Drs Ruth and John Rudge offer supervision and support sessions for human service professionals. They will focus on promotion of social and emotional wellbeing in the workplace and at home, building on the ideas presented in the workshop on *Social and Emotional Wellbeing* on 18 November.

Who should participate?: These sessions are available for individuals or small groups. They are suitable for local and international staff of human service organisations, including program leaders, health workers, teachers, counsellors, psychologists and others working in NGOs, government, and private practice.

While it is recommended that people have attended the training workshop on social and emotional wellbeing on 18 November, it is not essential.

Supervision is presented in English, with interpretation into Tetun.

Supervisors:

Drs. Ruth and John Rudge, clinical psychologists, Southern Cross psychology, Darwin and Melbourne, Australia. Ruth and John are clinical psychologists with extensive experience in providing services to remote communities in Australia, treatment of trauma, violence prevention, cross cultural psychology and working with families. They have a special interest in helping to create health and peaceful communities. This is their third visit as volunteers to share their skills with professionals in Timor-Leste.

Bookings: One hour sessions available between 9 and 3 pm on each day. The sessions are free, but spaces are limited, so bookings are essential.

Contact: Dr Ruth Rudge 7799 7661 or by e-mail: southerncrosspsychology@gmail.com

More information: www.manyhands.org.au

Presented by NGO Many Hands International, Timor-Leste; Deakin University, Melbourne, Australia; Southern Cross Psychology, Darwin, NT, in collaboration with the Timor-Leste Association for the Profession of Psychology.



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